

**Revolution
Speaker's
Bureau**

**Summer
Newsletter 2018**



INSIDE THIS ISSUE:

| | |
|-------------------------------|------------|
| Taylor's Turn | 1 |
| Abbie's Road | 1 |
| 2018 Revolution Events | 2 |
| Regan's Remark | 2 |
| 2017-2018 Seniors | 3-4 |
| Hannah's Last Goodbye | 4 |

Taylor's Turn

Holy cow, this semester went so fast! It seems like just last week when we were dressed up in our Christmas sweaters and admiring Regan's Christmas tree hair for Cookies and Caroling! And now summer is officially here, and our seniors are all graduated! It's always bittersweet when a new Revolution year comes around. We are losing what I think is one of the best senior classes we've had, but I'm super excited to see what our new recruits bring to the

table. Our outgoing group has always been really active, and there are going to be some big shoes to fill, but I think we will be just fine. Hannah leaving will definitely be an adjustment not just for the Rev kids, but mostly for Abbie and myself. We aren't sure yet what we are going to do without her bossing us around, but something tells me that Regan will keep us in line. Someone has to!! And I'm sure she will be good at it!!

To Our Graduated Seniors: Thank you all so much for your dedication to Revolution and for sharing your huge hearts with us. I wish you all the best of luck, although I know none of you need luck. You are all amazing, and I hope you continue to become your best selves with the message of Revolution tucked in your back pocket. I'll miss your witty banter and your fun personalities, but don't forget about us when you come back to visit!! I love all of your faces!!!! - Taylor

Abbie Road

Happy Summer!

I am writing this just as we finish up from this year's summer training. Wow, I am so excited for this upcoming year! It was incredibly inspiring to sit around and watch all the Revolution members get to know one another. While it was an exhausting two days, I am walking away feeling refreshed and inspired by all the energy and passion.

I wanted to take some time to thank Hannah Haynes. Hannah has been our Student Coordinator for the last three years and she has done a phenomenal job! She keeps me on task (that's a job in itself!) and keeps everything organized. She makes me laugh and makes me get things done. What I admire most about Hannah is her dedication to Revolution. It's not enough for Hannah that things just be finished; she always insists that things are done "right" because our mission means so much to her. I will miss Hannah so much, but I know she is meant for bigger things. She will be attending Kearney in the fall for school where she wants to become a teacher. I am fully confident that she will come back to our community someday as a

principal or superintendent, and our kids will be better for it. I love you Hannah and I am so thankful for our time together and for all you've done for Revolution. There is just no doubt that we are better for it.

Hannah has been training Regan DeBower to take over her position. I am really looking forward to watching as Regan makes the Student Coordinator position her own. It's going to be a great year!!

As the new members start their Revolution journey, some of you will be heading off to college. Please know that each one of you has been an important part of our Revolution family. You are always welcome back and I fully expect you to check in with me from time to time. David, Grant, Hannah, Jaina, Jenna, Maddie, Marina, Matt, Maverick, Natalie, Said, and Sierra: you have the power to make the world a better place and I feel so blessed to have known you. I love you and keep in touch!!

Abbie



Revolution January-May 2018 Activities

Revolution was very busy second semester with a lot of presentations in schools. In January, we also had some members go in and talk to the Scotus health classes about Center for Survivors services and healthy dating relationships.

Presentations that we went to at the beginning of the year were Boone Central, Humphrey, and Howells Dodge. I really like going into smaller high schools because we get to have more intimate discussions with the students in the audience. Sometimes kids in small schools don't think dating violence and sexual assault are relevant. However, after the presentation you can see how much their minds have been changed and that is one of my favorite parts of a presentation.

Even though smaller presentations are really fun, my favorite presentation we have ever done was for Columbus High School in March. I loved seeing how many people were moved by the presentation. One of the most amazing things about CHS was that because I attend that school, before the presentation, some people talked about how lame it was going to be. However, after the presentation, I heard them talking about it again and they all came up to me and told me how moved they were by it. That is why I love Revolution—because it changes people's viewpoints. It was

so neat how so many people talked about it in the days and weeks after. Students thought it was so real and believable, and it really started an awesome conversation at CHS. Awareness is super important, and I'm proud to be a part of it.

We also did classroom presentations in freshman classrooms at CHS. These were smaller group presentations where we were able to present students with dating violence and sexual assault scenarios. The students were able to talk about ways to identify dating violence and sexual assault using the bystander intervention strategies and tools given to them.

Revolution was able to assist in several outreach events this year. Schuyler and David City held events at the schools centered around children, and we were able to interact with the kids while their parents to receive Center for Survivors information. These events are so fun for us because we meet some amazing little kids and parents as well as do some outreach for the Center.

We ended the year with our annual game of Bunko, which was really fun! This game allows us to celebrate the year's accomplishments, but it's a great activity for team building and getting to know one another better!



Regan's Remark

Hello everyone! My name is Regan DeBower, and I am going to be a sophomore at CHS. I have been in Revolution for one year now, and it has been an awesome experience! My favorite event was face painting at Play Your Way in Schuyler. This event was crazy! We painted over 1,000 faces, and the fire alarms went off twice! I am super excited to start this new journey as the Revolution Student

Coordinator. I am very thankful for Hannah, because she has shown me all the ropes on how to successfully do this job. I underestimated how much time Hannah puts in, and now that I know how much work it takes, I appreciate her so much. I can't wait to get to know all the new Revolution Volunteers, and I am looking forward to another awesome year!



2017-2018 Seniors



David Arcos will be attending the University of Nebraska at Lincoln next year, and will be majoring in Pre-Health. His favorite memory in Revolution was going to all the presentations and the fun theatre rehearsals. He has learned so much more about sexual assault and domestic violence from his time in Revolution and feels so much more informed about how to help victims. He is so thankful for the opportunity he had to be in Revolution!



Jaina Ervin will be attending Central Community College next year in Columbus and will be majoring in Nursing. Her favorite memory was when Mitchell sat in spray cheese and got it all over his butt in the van right before a presentation! She learned that with the right knowledge anyone can be an advocate for others!



Hannah Haynes will be attending the University of Nebraska at Kearney and will be majoring in Elementary Education. Her favorite memory from Revolution was getting to see the impact the Revolution presentations had on the schools and getting to make everyone do crazy relay race games! She has learned so much on how to better respond to victims of sexual assault and domestic violence. She is grateful that she had the opportunity to be in Revolution for four years and thankful that she has become so close to people from all three schools. She feels she has found great mentors in Abbie and Taylor!

Sierra Heesacker will be attending Wayne State College next year and will major in Accounting. She learned how to help watch out for others through Revolution and thought it was an amazing experience that she got to have in high school. Her favorite memory from Revolution was the summer training relay race games!



Maddie Hogeland will be attending Creighton University next year and will major in Finance and Communications. Her favorite thing about Revolution was doing all the theatre presentations. She has learned through Revolution that there is a lot more to people than just what is on the outside.



Marina Jimenez will be attending the University of Nebraska at Lincoln next year and will be getting her Associate's Degree in Science. Her favorite memory from Revolution was when they went to Milford to present to some college kids, and the group was predominantly male. She said it was intimidating but it felt good to help further educate people older than her about how to be a proactive bystander. She has gained the resources she needs to stand up for what she knows is right. She has also happy to say that she has been able to help her community because of Revolution.





Said Mendez will be attending Nebraska Wesleyan University next year, and will be majoring in Athletic Training/ Physical Therapy. His favorite memory was seeing Hannah freak out every 5 minutes. He was able to learn what a healthy relationship looks like, and he would like to add that he actually doesn't hate Hannah! I know shocking...

Jenna Salerno will be attending the University of Central Florida next year and will major in Pre-Law and Health Law. Her favorite memory was when her team broke through a fence at Summer Training during the relay race. She has learned that all people deserve to be believed and respected no matter the circumstances, and she says that Revolution has been one of the greatest parts of high school for her. She knows that being in this group has helped her help others, and she has grown from it, too.



Maverick Pilakowski will be attending the University of Nebraska at Lincoln and will be majoring in Mechanical Engineering. His favorite memory from Revolution is presenting Bystander Intervention at Concordia, and hearing what college students had to say about dating violence. He has learned to be more outgoing and how to be a vocal leader.

Matt Strecker will be attending Morningside College and majoring in Biology/ Exercise Science. His favorite memory from Revolution is taking 90% of each monthly meeting to talk about what's happening at the next meeting. He has learned that one voice is enough to change the minds of an entire group of people at a time.



Natalie Raimondo will be attending the University of Nebraska at Lincoln and will be majoring in Nutrition. Her favorite memory in Revolution was the games we did at training and getting to present at many different high schools around Nebraska. One thing she has learned is how to be a better friend and help people in difficult situations. Natalie thought that Revolution was the most rewarding group she was a part of in high school, and she is so glad she had the opportunity to be in it for three years.

Hannah's Last Goodbye

I can't believe my time as the Revolution Student Coordinator has come to an end! I have really enjoyed getting to know all the Revolution members, and I am going to miss all of you! I can't imagine how my life would have been different if I would not have been in Revolution. I strongly believe that Revolution was the best thing that happened to me in high school because it has given me my voice and helped me to see how much one person can have an impact on a someone's life. Even though I teased people all the time and yelled, I always did it out of love and care for the greater good of Revolution and its members. I know that it will be different not having Abbie as my boss anymore and actually becoming an adult, but I am excited and ready for the new challenge this part of my life brings. I have every confidence in the returning members of Revolution that they will continue to do amazing things and inspire countless people to help others! I also am extremely excited to see how Regan takes this job and makes it her own and sincerely hope that everyone is nice to her—Yes boys, I am talking about you! I will sincerely miss Revolution and everyone in it, and I can't wait to come back and see you guys next training! Love, Hannah