



**O U R
M I S S I O N
S T A T E M E N T**

To advocate for non-violence through intervention, education, and prevention in order to create a safe environment for all individuals.

**H O W
W E
O P E R A T E**

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**T H E C E N T E R F O R
S E X U A L A S S A U L T A N D
D O M E S T I C V I O L E N C E
S U R V I V O R S**

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What Men Can Do To Prevent Violence Against Women

The Center for Survivors is dedicated to the achievement of a violence free society.



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F A C T S

- **A woman is beaten every 18 seconds** in the United States.
- **Domestic Violence** is the **leading cause of injury** to women. More than car accidents, muggings, and rape combined.
- Women are **5 times more likely** than men to be victims of domestic violence.
- **1 in 3 women** you know will be a **victim of domestic violence**.
- **1 in 4** American women has been a **victim of an attempted or completed rape**.
- **3 women** in the US **everyday** are **murdered** by their partner or ex-partner.
- On average **victims return** to their abuser **11 times** before they successfully leave the situation.



A C T I O N

- **Be a listener.** *If a woman comes to you for help listen. Victims need someone to believe them and support them.*
- **Tell them you want to help.** *Let them know you are there and that you are concerned about them and their safety.*
- **Respect what the victim wants to do** and not what you think they should do.
- **Speak up.** *If you hear that a brother, friend, classmate or teammate is abusive, try to talk to him about it and urge him to seek help.*
- **Get educated.** *Attend programs, go to trainings, watch videos, read articles and books on domestic violence and sexual assault.*
- **Get involved.** *Attend "Take Back the Night" rallies, vigils, fundraisers, and other events aimed at raising money and awareness for domestic violence.*
- **Be a mentor.** *Teach boys and adolescents how to be respectful towards girls and women and show them that violence and abuse are not the correct ways to get what they want. And remember that you are leading by example.*

M O R E I N F O R M A T I O N

www.whiteribbon.ca

www.menstoppingviolence.org

www.takebackthenight.org

www.ncadv.org

The views expressed in these websites do not necessarily reflect the views, positions, and policies of the Center for Survivors of Sexual Assault and Domestic Violence.

www.centerforsurvivors.net

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