

**Revolution:  
Speaker's  
Bureau**

# Fall Newsletter

**November 2014**



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## Abbie Road

Happy Thanksgiving to all! It's that time again, time for thanks! I am so very grateful for the tremendous support you have all provided for Revolution and our mission of non-violence. Revolution has been getting some attention lately and I truly feel it's due to the passion and dedication of the Revolution members. We have been asked to help with many community events and have been presenting for many different audiences. One of the coolest things we have done is attend the Men Can Stop Rape training in September. I was so proud of the students who attended and their knowledge and composure at this training.

I received many compliments regarding the maturity and professionalism of Revolution. DUH! I am looking forward to Cookies & Caroling coming up in December and I invite all oldies to come sing with us!! I hope your holiday season is filled with blessings!



## Savannah's Story

Wow! I can't believe it is December already! I'm almost done with half of my senior year! This is just crazy!

I have been super busy this fall filling out college applications, scholarships, and making important life decisions. I am starting to come to the realization that I will be leaving Columbus and The Center. It will be very weird not seeing Abbie and my fellow Revolution members all the time, but next

year I plan to come back for as much I can.

Since I am leaving next August, Abbie and I have begun to talk about finding another student coordinator. This really freaks me out! It seems like just yesterday Omar was training me to be the student coordinator, and now I have to train someone new.

Although I am about to graduate and experience many new things, I know I

will always be a Revolution member. I will always keep with me the lessons Revolution has taught me. I will also miss having a boss as awesome as Abbie. She rocks my socks! As you can see, we are together a lot. I would have never said that sentence before I met her!

So as my time winds down, I will cherish every moment. I am so thankful for all of you and can't wait to spend the rest of my senior year with you!



## Revolution's Fall Activities

As you can see by the weather, winter is fast approaching. With fall almost over, it's good to look back at all Revolution has done this season. In three months we have face-painted at four events, presented "Enough" to three different schools, and provided presentations to four civic groups and classrooms. It's been busy!

The first event of the fall that Revolution participated in was the Glow Gold Event on September 6<sup>th</sup>. This event was sponsored by Sammy's Superheroes and created to help raise awareness and funds for childhood cancer. About 15 Revolution members helped face-paint for this. This event was kind of different because they supplied us with glow-in-the-dark paint as well as our own face-paint. It was cool to see all the little kids glowing in the dark with our creations.

The second event, my personal favorite, was the Men Can Stop Rape Summit on September 10<sup>th</sup>. Any member could attend this training and ten members went. We met Adrian who is a trainer for Men Can Stop Rape, whose mission is to mobilize men to use their strength for creating cultures free from violence, especially men's violence against women. We learned so much and they were really impressed with how many young men we have in Revolution, and with the work we are doing in the movement. This was definitely an event to remember.

Next, the Friends and Family presentation, was held on September 21<sup>st</sup>. Abbie and I decided it would be a good opportunity to have some new presenters practice before a real presentation and so almost every part was played by members who had never done a presentation before. I was a little worried because of this, but the presentation was great and they did awesome,

especially with education points! We had 35 of our members show up, which is amazing, and over 40 adults. It was one of our most successful Friends and Family presentations ever!

Another event Revolution face-painted at this year was the Husker Hanger Party on September 23<sup>rd</sup>. This event was put on by a coalition in Columbus called Back to Basics. This is a group of professionals in the community who want to encourage healthy behaviors in youth. We had about 12 members come and help face-paint. As a first-time event, I thought it was very successful, with approximately 100 people attending. We also had fun trying on these glasses that made it look like you were drinking. It was hilarious watching everyone try to walk in a straight line and a great reminder how alcohol affects judgment and motor skills.

On October 2<sup>nd</sup>, the Center sponsored a Domestic Violence Vigil. It was a great way to bring awareness to our community. There was a speaker and a one mile memory walk to honor those killed by domestic violence.

Our October monthly meeting was held on October 5<sup>th</sup>. It was a great opportunity for Abbie to talk with us about the Ray Rice case. We had a very good discussion with everyone about the issue and how we could respond to our peers who were talking about it.

My second favorite activity Revolution did this fall was, of course, Fall Festival, held on October 9<sup>th</sup>! I always love organizing all the games and prizes for the kids. Because of school activities, only 12 Revolution members could help, including a few oldies that came back for the event. It was our busiest Fall Festival ever, with 330 in attendance. We were VERY busy but it was so much fun to interact with the kids.

One of our most important presentations this fall was on October 30<sup>th</sup> for the Nebraska Coalition to End Sexual and Domestic Violence. This was very cool because we were one of the keynote speakers for the conference! Because we presented first thing in the morning, we went up the night



before and got to go shopping and eat at Olive Garden. Abbie, sadly, did not go with us, but she had a good reason. Abbie was awarded with Prevention Advocate of the Year for the Nebraska Coalition! Yay! Go Abbie! Anyways, the presentation was awesome! Everyone was completely focused because we knew how important it was, and it may have been one of our best presentations ever. The Coalition loved us- I mean LOVED us. We were practically famous. It was cool being recognized on that level.

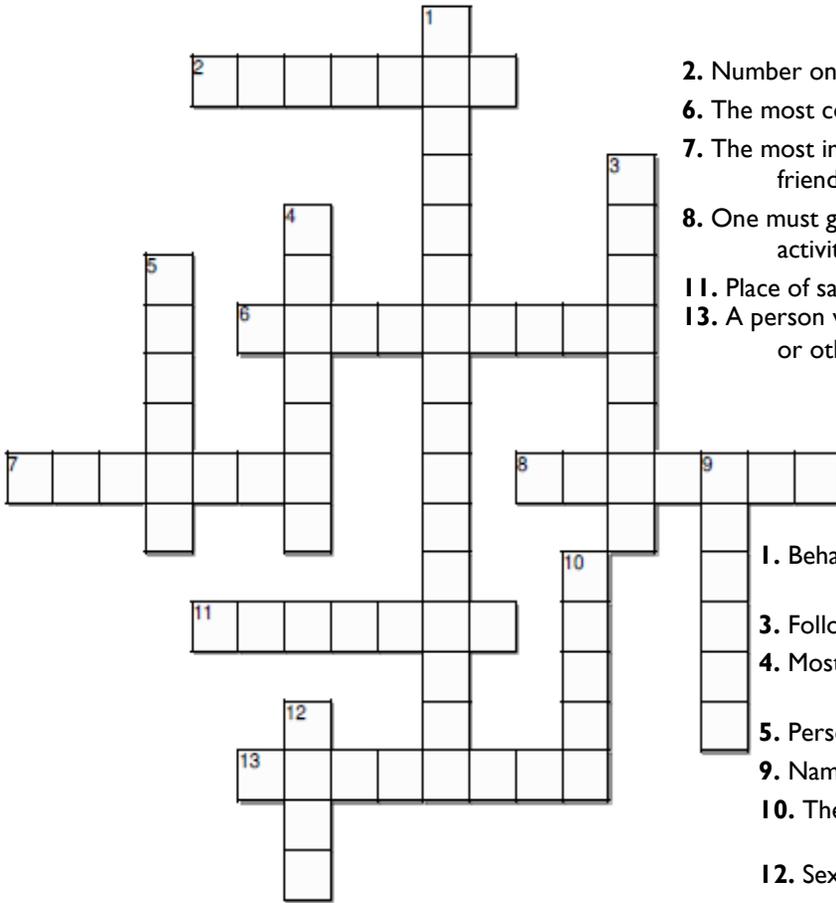
The November monthly meeting on November 2<sup>nd</sup> was our next activity. This meeting was special because we only had three members who could not attend. That is awesome! We decided since it was November to play a game focusing on being thankful. Every member wrote down on a piece of paper what they were thankful for. Then we put them all in a bag and we had to guess who was thankful for what. It was a fun way to get to know each other better and share some laughs. The game fit the month of November perfectly.

Our last presentation for the fall was in Hastings at Central Community College on November 13<sup>th</sup>. Being a college campus, it was a smaller presentation. We had about 50-60 people show up and they were an interesting mix of students, faculty and college staff. Poor Maddy L. was going to get to present but decided to tear her MCL at dance the night before and had to go to the Emergency Room! No worries though, because she is fine now and I stepped in and took her place. It was a good reminder why we have two people who can present in every role!! The presentation was great and we got free t-shirts and candy! We love free t-shirts and candy!

Fall was a very busy season this year, but now that it is winter we will start scheduling more presentations (including Orlando) and Cookies and Caroling! I can't wait! Stay warm!



# Revolution Crossword Puzzle



## Across

- 2. Number one drug used by rapists
- 6. The most common type of abuse
- 7. The most important thing a person can do for a friend who is raped
- 8. One must get this before engaging in sexual activity
- 11. Place of safety for victims to go to
- 13. A person who inflicts abuse upon a child, spouse, or other person

## Down

- 1. Behavior used by one person in a relationship to control another
- 3. Following a person without their knowledge
- 4. Most common victims of sexual assault and domestic violence
- 5. Person being abused
- 9. Name of the Revolution presentation
- 10. The five step guide you should use if someone tells you they have been raped
- 12. Sexual penetration without consent

## Upcoming Events

- Thursday, December 4th: Winnebago High School Presentation @ 2:15PM
- Sunday, December 7th: Cookies and Caroling 4-8pm @ The Center
- Sunday, January 11th: Mandatory Monthly Meeting 7-8PM @ The Center
- Monday, January 12th: Scotus Central Catholic Presentation @ 2:15
- February Bowling Party: TBA
- Tuesday-Sunday, February 24-March 1st: Orlando!!
- Sunday, March 15th: Mandatory Monthly Meeting 7-8PM @ The Center
- Sunday, April 12th: Mandatory Monthly Meeting 7-8PM @ The Center
- Wednesday & Thursday, May 27-28th: MANDATORY SUMMER TRAINING
- Monday, June 15th: Mandatory Monthly Meeting 10:30-11:30AM @ Abbie's House

